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## WHAT IS COCAINE ANONYMOUS?

Cocaine Anonymous is a fellowship of men and women who share their experience, strength and hope with each other so that they may solve their common problem and help others to recover from their addiction.

The only requirement for membership is a desire to stop using cocaine and all other mind-altering substances.

There are no dues or fees for membership; we are fully self-supporting through our own contributions. We are not allied with any sect, denomination, politics, organization, or institution.

We do not wish to engage in any controversy and we neither endorse nor oppose any causes.

Our primary purpose is to stay free from cocaine and all other mind-altering substances, and to help others achieve the same freedom. \*

We use the Twelve Step Recovery Program, because it has already been proven that the Twelve Step Recovery Program works.

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## PLEASE HELP US TO CARRY AN ACCURATE MESSAGE

The information we give can only be as accurate as the information you supply us with. Please let us know if any meetings have closed, changed venue or time, or if any new meetings have opened, as well as updated contact numbers.

## How to change meeting details email: [wtf@ca-london.org](mailto:wtf@ca-london.org)

Please confirm with the Helpline or check the website for frequently updated meetings lists.

If you have a problem with cocaine or other mind-altering substances and wish to find out more about Cocaine Anonymous, please email [helpline@ca-london.org](mailto:helpline@ca-london.org)

If you're a member of the public, media, press or professional community and wish to find out more about CA please email: [wldistrictpi@ca-london.org](mailto:wldistrictpi@ca-london.org)

To contact the H&I Committee please email: [wldca.hi@gmail.com](mailto:wldca.hi@gmail.com)

Unless otherwise stated our meetings are OPEN to all. CLOSED meetings are for addicts and those who think they may have a problem with drugs.

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Where To Find Meetings  
May 2023

## WEST LONDON DISTRICT



London Helplines 8.00am - Midnight  
0800 059 5130 / 0208 0071 130

Helpline Email

[helpline@ca-london.org](mailto:helpline@ca-london.org)

CAUK, PO Box 1337, Enfield EN 9AS

[www.ca-london.org](http://www.ca-london.org)

Central UK Helpline – 0800 689 4732

## WHO IS A C.A. MEMBER?

While the name "Cocaine Anonymous" may sound drug-specific, we wish to assure you that our program is not. Many of our members did a lot of cocaine; others used only a little, and some never even tried coke. We have members who drank only on occasion, those who casually referred to themselves as drunks, and others who were full-blown alcoholics. Lots of us used a wide variety of mind-altering substances. Whether we focused on a specific substance or used whatever we could get our hands on, we had one thing in common: eventually we all reached a point where we could not stop.

According to C.A.'s Third Tradition, the only requirement for membership is a desire to stop using cocaine and all other mind-altering substances. Whatever you may have been using, if it led you to this meeting, you're probably in the right place. Over time, virtually every single one of us has realized that our real problem is not cocaine or any specific drug; it is the disease of addiction.

It can be tempting to focus on our differences rather than our similarities, but this can blind us to potential sources of support in our recovery. As we hear other members' stories, the most important question to ask ourselves is not, "Would I have parted with these people?" but rather, "Do these people have a solution that can help me stay sober?" We encourage you to stick around and listen with an open mind.

With its all-inclusive Third Tradition and First Step, Cocaine Anonymous welcomes anyone with a drug or alcohol problem and offers a solution. C.A.'s Twelve Steps are not drug-specific, and Cocaine Anonymous is not a drug-specific Fellowship. It doesn't matter to us if you drank or what type of drugs you used; if you have a desire to stop, you are welcome here!

In the spirit of Tradition 6 - CA is not allied with any sect, denomination, politics or organisation.

## MEETING TIMES AND LOCATIONS

Click for more information on the meeting.

### **MONDAY 7.30pm - 8.45pm UXBRIDGE**

The Scout Hut, 61 Micauber Avenue,  
Hillingdon, London, UB8 3NZ.

### **MONDAY 7.30pm - 8.45pm CHISWICK**

Mission Hall, 23 Cunnington Street, Chiswick,  
London, W4 5ER.

### **TUESDAY 7.30 pm - 9.00pm FULHAM**

St Matthews Church, Wandsworth Bridge Road,  
Fulham, London, SW6 2TX.

### **TUESDAY 7.45pm - 8.45pm ONLINE**

Sunlight of the Spirit - Share Meeting  
ID 865 1767 9972 Passcode: scmM8c

### **TUESDAY 7.45pm - 9.00pm SOUTHAL**

Freedom Worship Centre, Western Road,  
Southall, London, UB2 5HH.

### **TUESDAY 7.30pm - 8.45pm RICKMANSWORTH**

St Mary's Church, Church Street  
Rickmansworth, WD3 1JB.

### **WEDNESDAY 7.30 - 8.30 LADBROOKE GROVE**

The Tabernacle, 34-36 Powis Square, London,  
W11 2AY (UPSTAIRS MEETING ROOM)

### **WEDNESDAY 7.45pm - 21.00pm HAYES END**

Hayes End Methodist Church,  
Church Close, Hayes, Middlesex, UB4 8JW.

### **THURSDAY 7.30 am ONLINE EARLY BIRD**

ZOOM ID. 891 8443 8126  
PASSWORD. NdPC14

### **THURSDAY 7.00pm - 8.30pm FULHAM**

Fulham Methodist Church (basement,) 452 Fulham  
Road, Fulham, London, SW6 1BY.

### **THURSDAY 7.30pm – 8.45pm NORTHOLT**

Islip Manor Community Centre, Arnold Road,  
Northolt, London, UB5 5TB.

### **THURSDAY 7.30pm - 8.45pm HILLINGDON**

The Scout Hut, 61 Micauber Avenue,  
Hillingdon, London, UB8 3NZ.

## MEETING TIMES AND LOCATIONS

Click for more information on the meeting.

### **FRIDAY 1.00pm - 2.00pm EALING**

Rise (CGL), 99-103 Broadway.  
West Ealing, London, W11 3 9BP.

### **FRIDAY 7.00pm - 8.00pm FULHAM**

(Servite Hall), 378 Bishop Creighton House,  
Lillie Road, Fulham, London, SW6 7PH.

### **FRIDAY 7.30pm - 8.30pm PERIVALE**

Hope CC, 184 Horsenden Lane South,  
Perivale, London UB6 7NT.

### **FRIDAY 7.30pm - 9.00pm ISLEWORTH**

Bridge Link Centre 373 Summer Wood Road,  
Isleworth, London, TW7 7QR.

### **FRIDAY 7.30pm - 8.30pm UXBRIDGE**

Uxbridge Community Centre 32b The Greenway,  
London, UB8 2PJ.

### **SATURDAY 9.00am - 10.00am BUSHEY**

The Scout Hut, 3 Little Bushey Lane,  
Bushey, London WD23 4JP.

### **SATURDAY 5.30pm - 7.00pm CHELSEA**

The Hut, Alpha Place, (Off Flood Street),  
Chelsea London, SW3 5SZ.

### **SATURDAY 6.00pm - 7.00pm RUISLIP**

The Methodist Church, Ickenham Road,  
Ruislip, HA4 7BZ.

### **SUNDAY 6.00pm - 7.00pm UXBRIDGE**

St Andrews Church, Hillingdon Road,  
Uxbridge, UB10 OAE.

### **SUNDAY 7.15pm - 8.30pm BARNES**

St Michael & All Angels, Elm Bank Gardens,  
Barnes, London, SW13 0NX.

### **SUNDAY 7.15pm - 8.45pm STANMORE**

Hartspring Lane Community Centre, 336 Park  
Avenue, Bushey, WD23 2BJ.

